

TSM Guides: Personal Characteristics Worksheet

These personal characteristics are considered important for future physicians. For each one, list one or two activities that help highlight your possession of this characteristic

Characteristic	Activities That Highlight
Motivation for a medical career	
Compassion and empathy	
Personal maturity	
Oral communication	
Service orientation	
Professionalism	
Altruism	
Integrity	
Leadership	
Intellectual curiosity	
Teamwork	
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Characteristic	Activities That Highlight
Cultural competence	
Reliability and dependability	
Self-discipline	
Critical thinking	
Adaptability	
Verbal reasoning	
Work habits	
Persistence	
Resilience	
Logical reasoning	
Adapted from AAMC survey. Available at: https://www.aamc.org/download/261110/data/aibv011_no7.pdf	